



TANZANIA PRISONERS HOPE FOUNDATION

ANNUAL PERFORMANCE

REPORT -2023

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1.0 INTRODUCTION

In Tanzania, prisoners are facing a number of challenges including inadequate health care services, spiritual immorality, inadequate counseling services, limited clothing materials, inadequate legal aid while the ex-prisoners' challenges are mainly related to lack of capital for re-establishing their businesses and reintegrate them with the society and family members. The Government alone cannot solve all these challenges without involvement of individuals, community, NGOs and other actors. The TANZANIA PRISONERS HOPE FOUNDATION (TPHF) was established and registered in 19th April 2022, with registration number ooNGO/R/3102 to fill this gap, by mobilizing funds and materials from individuals, private and public agencies within and outside Tanzania. Since its establishment, TPHF implemented three service oriented projects to prisoners and ex-prisoners in Dar es Salaam region consistent with its objectives, vision and mission. Our vision, mission and objectives are as follows;

Vision: To be an organization that endeavors to transform the prisoners' and ex-prisoners' lives, socially, morally and materially for their self-reliance.

Mission: To Promote and Rehabilitate the Welfare of prisoners and ex-prisoners in Tanzania.

Objectives

- (i) To conduct counseling services to prisoners and ex-prisoners to be good citizens
- (ii) To distribute spiritual and other reading materials for knowledge change.
- (iii) To provide health care and sanitation services to complement government's efforts in providing prisons' welfare services.
- (iv) To establish and promote the library services in some prisons
- (v) To assist the reintegration of the ex-prisoners into the society particularly providing them with small capital for establishment of small scale enterprises such as farming, bricks making, gardening, carpentry, building, etc. depending on the knowledge gained while in prisons.
- (vi) To facilitate the prisoners with the necessary body clothing materials, tooth paste, mattresses and other necessary requirements.
- (vii) To provide justice and legal assistance particularly to children, women and people with special needs.
- (viii) To design and implement projects that will enable prisoners and ex-prisoners to improve their living standards.
- (ix) To facilitate resources mobilization to support prisoners and ex-prisoners.

(x) To liaise with other organizations and foundations in promoting and effecting the objectives of the Foundations.

2.0 PROJECT IMPLEMENTATION AND ACHIVEMENTS DURING 2023

In its Board and Annual General meetings held on 10th September 2022, the members approved two projects to be implemented during 2023 upon availability of funds. The approved projects among other agenda were;

- 1. Prisoners' life empowerment scheme in Dar es Salaam region**
- 2. Ex-prisoners' life empowerment Project in Dar es Salaam region**

This report highlights the performance of the projects, activities performed and challenges that were encountered during the year 2023. The report also proposes the projects and activities to be implemented during 2024.

3.0 PROJECTS ACHIEVEMENTS

3.1 Prisoners' life empowerment scheme in Dar es Salaam region

The project was designed to address some challenges facing prisoners in Ukonga prison which has the highest number of prisoners in Dar es Salaam region. Among the challenges facing the inmates include inadequate number of mattresses due to unexpected high turn overs of prisoners. TPHF distributed 50 high quality mattresses to Ukonga prison in March 2023, all valued TZS 2.0 million only. The expected outcome of this activity was improved living conditions for inmates and enhanced sleep quality leading to better physical and mental well-being. There has been a positive impact following the distribution of the mattresses notably reduction in health challenges related to inadequate sleep and increased morale and well-being of inmates.



TPHF CEO, Mr. Lucas Mwimo (right), handing over 50 mattresses to Senior Superintendent of Prisons (SSP), Mr. Joseph Mkama, of Ukonga Prison (left).

3.2 Ex-prisoners' life empowerment Project in Dar es Salaam region

This project had two sub-projects namely empowerment of male and women ex-prisoners.

3.2.1 Empowerment of male ex-prisoners

TPHF provided five hundred thousand (TZS 500,000) in May 2023 as a startup capital to Dar Es Salaam based male ex-prisoner for establishing beekeeping project in his farm at Njombe region (Makete district, Matamba ward, Mlondwe village). The money was sufficient to buy 12 beehives that are expected to generate about TZS 6.5 million per annual (or 542,000/= per month) once honey harvesting commences in January 2024. Before this support the ex-prisoner was doing a retail honey business just earning one million per annual (or 83,000 per month) and he afforded only one meal per day for the family. This situation made TPHF to intervene and rescue him and his family members. The expected outcome was to empower ex-prisoner to become self-sufficient through job creation and income generation activities. The impact of this economic activity is elimination of chances of re-offending due to enhanced economic stability.



The CEO of Tanzania Prisoners Hope Foundation, Mr. Lucas Mwimo(left) together with Mr Mohammed Kirango(right) handling the support capital to Mr. Chrisphord Nkwama (Center) during the session conducted in the NGO's office in DSM.



Above pictures indicates sample of modern beehives purchased by Mr. Chrisphord Nkwama after receiving assistance amounting to TZS 500,000/= from TPHF

In addition to this assistance, TPHF also Provided counseling and mental health services as well as annual National Health Insurance Fund Membership card to the same ex-prisoner that will expire on July 2024. The expected outcome is to access the essential healthcare services and prevention and early treatment of health challenges for the ex-prisoner. The impact of this activity is improved overall health and well-being of the ex-prisoner and reduced burden on public healthcare facilities.



Dr. Julius Mwimo (right) a TPHF volunteer counselling Mr. Chrisphord Nkwama (left) on issues concerning Mental health and physical Health.

3.2.2 Ex-prisoners Women Empowerment Project in Dar es Salaam Region

TPHF received funds from Tanzania Women Fund-Trust for implementation of this project from July-September, 2023. For easy implementation of this project, TPHF planned to implement three

activities notably; follow up and identification of women ex-prisoners in DSM region by involving other stakeholders, organize a needs assessment and group counselling seminar and organize a seminar on Official Group Formation. All three activities were implemented as follows;

- TPHF made a field visit and identified 42 ex-prisoners and established their post-release baseline social and economic situations and related challenges.
- The seminar to discuss their challenges and needs was conveyed on 13/09/2023. The guest of honor was the Ilala District Commissioner (DC) and he was accompanied by the District Administrative Secretary (DAS) and Regional Social Welfare Officer. Other seminar participants included representatives from WFT-T, TPHF, Segerea Prison, Regional Prison Office, Regional welfare officers from the RC office, NMB officers, three Media representatives and seminar presenters. Four presentations on economic, financial and social issues were presented to seminar participants.
- Following the success of the previous Women Ex-Prisoners Seminar, the Tanzania Prisoners Hope Foundation (TPHF) and Women Fund Tanzania -Trust (WFT-T) collaborated on an event with a specific focus: empowering female ex-prisoners to come together and form their own support group. This seminar which was held on 12nd October 2023 aimed to provide these women with the knowledge to form their own group that will offers easier access to various stakeholders for assistance and support, recognizing the many advantages of group formation for ex-prisoners.

Field Visits and Encouragement:

Prior to the seminars, TPHF conducted field visits to connect baseline economic and social information directly from 42 female ex-prisoners. These visits allowed us to gain profound insights into their challenges and special needs. Our team engaged with these women, encouraging them to participate in both seminars. The response was overwhelmingly positive, with many expressing their challenges and interest in attending the upcoming seminar.



TPHF staff (with a black bag) Visiting ex-prisoners in their business areas and homes

Seminar 1: Empowering Through Knowledge:

In the first seminar, our goal was to equip the ex-prisoners with essential knowledge and skills to facilitate their reintegration into society. The seminar covered four key areas:

(a) Entrepreneurship Training and Management:

We provided comprehensive training on entrepreneurship, offering guidance on identifying opportunities, business planning, financial management, and effective marketing. The women gained the confidence and knowledge needed to embark on their entrepreneurial journeys.



. Women ex-prisoners learning key entrepreneurial skills to kick start their own businesses

(b) Knowledge of Human Rights:

Understanding one's rights is fundamental to empowerment. The seminar shed light on the human rights that apply to these women as they reintegrate into society. It was an eye-opening experience, helping them recognize and demand the respect and dignity they deserve.



Empowering women with the knowledge of human rights as they reintegrate into society

(c) Counseling:

Counseling sessions were a vital component of the seminar. Ex-prisoners had the opportunity to receive emotional support and guidance from an experienced counselor. This not only helped them cope with their past but also prepared them for the challenges ahead.



Counseling session by Pastor Ray Seng’enge offered a safe space for personal growth and emotional healing

(d) Access to Low-Interest Rates Loans:

Financial independence is often a challenge for ex-prisoners. We provided information on accessing low-interest loans from financial institutions, including banks. This knowledge opened doors to financial resources that can support their entrepreneurial aspirations.



A representative from NMB equipping ex-prisoners with the tools to access low-interest loans and secure their financial independence

(e) Governmental Support:

An encouraging highlight was the attendance of the Ilala District commissioner who recognized the unique needs of this special group. This official pledged support and assistance, promising to advocate for their rights and welfare. This recognition by the government is a significant step towards improving the lives of these women.



A promising moment as the Ilala District Commissioner who was a guest of honor pledges support and recognition of this extraordinary group. Below, is the guest of honor (centre), TPHF –CEO(right) and DSM regional social welfare officer (left) poses for a picture with some ex-prisoners.





Seminar 2: Forming an Official Support Group

Building on the foundation laid in the first seminar, the second seminar focused on forming an official support group for the ex-prisoners. The advantages of such a group were discussed, including enhanced access to various stakeholders for assistance and support. This initiative provides a platform for these women to unite for a common cause, creating a powerful network that can amplify their voices and access resources more effectively.



An expert from TWF-T supports group training on formation of official ex-prisoners' women group at CBD hotel on 12nd October 2023

Overall, there were two expected outcomes from this project, skill acquisition on projects establishment and management as well as increased chances of successful reintegration into society. The impact of the project centered on elimination or reduction of recidivism among women ex-prisoners.

MATRIX 1: Summary of Projects Achievements

OUTCOMES	IMPACTS
Improved living conditions for inmates and enhanced sleep quality leading to better physical and mental well-being	Reduction in health challenges related to inadequate sleep and increased morale and well-being of inmates.
Job creation and increased income	Elimination of chances of re-offending due to enhanced economic stability
Skills acquisition on project establishment and management, ex-prisoners rights and financial literacy.	Elimination or reduction of recidivism among women ex-prisoners.
Minimized stress among ex-prisoners	The stressful conditions among ex-prisoners were reduced through counselling services.

4.0 ENGAGEMENT WITH STAKEHOLDERS

Tanzania Prisoners Hope Foundation engaged with various stakeholders during 2023 to share experiences and learn more on issues related to human rights, prisoners and ex-prisoners' life empowerment in Tanzania. We engaged with the following stakeholders during the year under review;

- i. Engaged with Women Fund Tanzania Trust who provided grants to TPHF and supported two facilitators for the ex-prisoners' women seminars.
- ii. Engaged with National Bureau of Statistics (NBS) and provided data and information for 2022 on how we saved the community through the funds contributed by members and other donors. The information will help NBS to compile the estimates of the Gross Domestic Product for the respective year(s).
- iii. Engaged with Baylor Children's Foundation – Tanzania, an NGO based in Mwanza region who requested TPHF to partner with them for provision of mental health services to various prisons in Tanzania. A brief capability

statement on mental health issues for prisoners and ex-prisoners was prepared and forwarded to them.

- iv. Engaged with WOMEN AID & CRIMINAL JUSTICE (WACJ) who invited TPHF to participate to Stakeholders workshop on Movements towards abolition of the death Penalty in Tanzania. The workshop was hosted by WACJ on 15th November 2023 at Kebby's hotel in DSM and TPHF-CEO attended the meeting.
- v. Engaged with Women in Law and Development in Africa (WiLDAF-Tanzania) and GBV MKUKI coalition who invited TPHF to attend to the National Launching of the 16 days of Activism Campaign, 2023. The event took place on 25th November 2023 and TPHF-CEO represented the organization.
- vi. Engaged with TAMISEMI, MADEO FINANCE LIMITED, WAPO Radio, TBC, Segerea Prison Head, Regional Prison Office, RC-DSM office and NMB during preparation and implementation of ex-prisoner's women seminar.

5.0 GOOD GOVERNANCE

For the NGOs to prosper in executing its mandate, the good governance is needed. It was from this backdrop that, the TPHF general meeting approved the team of eight 8 experienced and dedicated Board Members with high academic qualifications to oversee and protect the image of the organization among other functions as stipulated in **Article 19** of the constitution. Out of 8 Board members, 5 of them have Master's degree in different fields and worked/working in different public and private institutions. This enabled them to advise the organization on the proper way of budgeting and implementing the projects to attain the stipulated objectives. The eight board members with their brief CVs are attached as **appendix 1**. The organization has been conducting its Board and General meetings during the year as required by the Register of NGOs in the country as per Article 18, 22 and 23 of the TPHF constitution.



Above, Annual General Meeting Members discussing various Organizational Issues during their annual meeting held on 16th December 2023 at CBD hotel in Kariakoo, DSM. The General Meeting was preceded with a Board Meeting which was held at the same venue on 16th December, 2023.

6.0 CHALLENGES AND HOW THEY WERE ADDRESSED

The TPHF encountered the following challenges during the course of implementing its project;

- (i) Inadequate funds. The organization received a small grant from Women Fund Tanzania –Trust for implementation of one project. TPHF Members contributions and fees also helped the organization to implement two projects. The demand for projects start up by ex-prisoners is extremely high compared to the funds availability.

The TPHF used the following ways to address the challenges for improvement and widening the scope of its operations;

- (i) The organization continued to sensitize other stakeholders to support it through physical visits, telephone calls and use of social media like TPHF website <https://tphf.or.tz> and Facebook platforms. The Board members through its meeting held on 16th December 2023 also encouraged members to continue supporting the organization's operations by contributing fees not less than TZS 50,000/= from January 2024.
- (ii) The TPHF management team continued to engage with other stakeholders during 2023 with a view of learning, experience sharing and seeking for financial and technical assistance. During 2024 we expect more engagements and this may increase the flow of funds from domestic and foreign grants.

7.0 THE WAY FORWARD

In its Board and Annual General meetings held on 16th December 2023, the members approved two projects to be implemented during 2024 among other resolutions. The projects to be implemented upon availability of funds include;

- 1. Ex-prisoners (Women and Male) Empowerment Project in Dar es Salaam, Coast and Morogoro Regions (Phase II)**
- 2. Prisoners life empowerment Project in Dar es Salaam region**

Following the gained experience from implementation of two projects in 2023, skills acquired from seminars conducted by Open CSOs Platform of Tanzania and engagement with various stakeholders, the approved projects will be implemented smoothly during 2024 upon availability of funds. The TPHF plans to invite domestic and foreign volunteers to minimize operational costs and share experiences and impart more knowledge to our staff. The Open CSOs Platform of Tanzania will also be consulted to advise the organization on the prospective donors to enable the organization implement its activities smoothly.

6.0 CONCLUSION

During 2023, the TPHF has solved some of challenges facing Ukonga Prison and DSM region Ex-prisoners' albeit the limited financial resources. During 2024 TPHF is committed to address some of challenges facing Prisoners in Segerea prison and ex-prisoners in DSM, Coast and Morogoro regions after mobilization of funds and materials from individuals, private and public agencies within and outside Tanzania. In Tanzania there are very few NGOs which are dedicated to support the prisoners and ex-prisoners in the country. TPHF has been established to fill that gap and is committed to expand its services to other prisons and ex-prisoners outside Dar-es-Salaam region in 2024 upon availability of funds.

APPENDIX 1: LIST OF BOARD MEMBERS AND THEIR BRIEF CVs

1. Mr. Odemari Nitunga Rushita- He is the first chairman of the Board of Directors TPHF since its establishment in April, 2022. He is an experienced leader and currently works at Roads Fund Board from July 2023 to-date as a Principal Accountant. He is a Certified Public Accountant -CPA (T). Before joining the Roads Fund Board, he worked at Engineers Registration Board from 2008 to June 2023 as Director of Finance, CCT – WAMA, Christian Council of Tanzania as a Finance and Administrative Manager from 2000 to 2008. He holds MBA degree from ESAMI and Maastricht School of Management (MsM) Nairobi, Kenya Campus and Advanced Diploma in Accountancy (ADA) from the Institute of Finance Management, Dar-es-Salaam Tanzania.
2. Lucas Mwimo- CEO and secretary to the Board. Prior to TPHF, he worked with the Bank of Tanzania as an Economist for 32 years and 7 months and he retired as a Director-BOT Mtwara Branch in February 2022. While working with the Bank of Tanzania, he was seconded to the International Monetary Fund (IMF) – Office of the Resident Representative in Tanzania for 2 years (July 1997 to June 1999) as a Research Assistant charged with the implementation of IMF-supported programs in Tanzania. He holds a M.Sc. (Macro-economic Policy and Planning in Developing Countries) from the University of Bradford, United Kingdom and a B.A. (Economics) from the University of Dar es Salaam, Tanzania. Mr. Mwimo is also a preacher of gospel at Segerea, Keko and Ukonga prisons where inmates get the opportunity to hear the word of God every Sunday. The word of God has greatly helped some prisoners and detainees to shape their bad habits and immorality.
3. Mohamed Majengo Athuman- General Secretary –TPHF. Currently works as a School Quality Assurer - Ministry of Education Science and Technology (Kinondoni Municipality Division). He holds Master of Education in Administration, Planning and Policy Studies (MED - APPS) from OPEN UNIVERSITY OF TANZANIA (OUT).
4. Gloria Athumani Kitiku – She is a Treasurer- TPHF and an experienced business woman with a certificate in Agriculture and Livestock development. As a Treasurer, she works closely with the Chief Accountant, Mariagoreth Joseph Ndibalema who holds Master’s degree in Finance and accounts from Institute of Finance Management (IFM) and she is a Certified Public Accountant -CPA (T). Thus financial management, reconciliation and reports are properly prepared.
5. Nuru Lamek Mtema- – He holds BA in Theology and Community development and he is currently a PROJECT COORDINATOR – ZANZIBAR AND MAFIA Fida International community development program.

6. Shida Athumani Kitiku- She currently works with NMB and she graduated at University of Dodoma (UDOM) and was awarded Bachelor degree of Commerce in Accounting.
7. Justine Lucas Mwimo – He holds Master’s Degree in Project Management from Institute of Accountancy Arusha. He is currently a Director of a tourism firm in Kilimanjaro region.
8. Eng. Joseph Jingu Kijeruda- He holds a Master of Science in Textile Engineering from China. He worked at Tambaza High School as a Teacher and Second Master (1989-1990). He worked as Quality Control Manager, Technical Manager, Production & Technical Manager (consecutively) at Urafiki Textile Factory (1991- 2005). He worked with Tanzania Revenue Authority (TRA) as Principal Tax Management Officer (2006-2022) and retired in December 2022 after attaining 60 years of age. He has been a Member of Textile Technical Committees of the Tanzania Bureau of Standards (TBS) from 1995 to date, and a Chairperson of the same Committees from 2012 to 2023. He was a founder chairperson of WAENDELEE Community Development Organization Board of Directors from Nov.2015 to 2022. WAENDELEE is a Non-Governmental Organization (NGO) based in Singida DC engaged in assisting in Education, Health, Water and Environmental protection activities -in collaboration with the Government). Currently he is a Board Chairperson of Temboni Government Secondary School (March 2022 to date).He was a Council Secretary General of Manzese Catholic Parish in DSM (2001-2006), Vice-Chairperson of Temboni Parish (2013-2016) and a Chairperson of Msingwa Outstation of St.Augustine Parish-Temboni (2010- 2019).